

Bound! Instructions

Getting started

1. Shuffle the deck and deal each player **seven** cards. Players may look at their own cards, but should keep them secret from other players except when instructed by the rules.
2. Place the undealt cards face-down in a pile in the center of the play area. This is the **draw pile**. Any cards that are discarded should be placed face up in a pile next to the draw pile. This is the **discard pile**.
3. Choose a player to take the first turn. After a player has taken their turn, the player to their left may take the next turn.

On a player's turn

4. The player must request a card from another player. They may do it in only one of two ways:
 - Request a card of a particular **TYPE** from a specific player (e.g. *John, do you have a Cancer card?*), or
 - Request a specific card by **NAME** from all players (e.g. *I need the Estrogen Receptor Beta card.*)
5. If the player or players receiving a request have the requested card in their hand, they must give it to the requesting player.